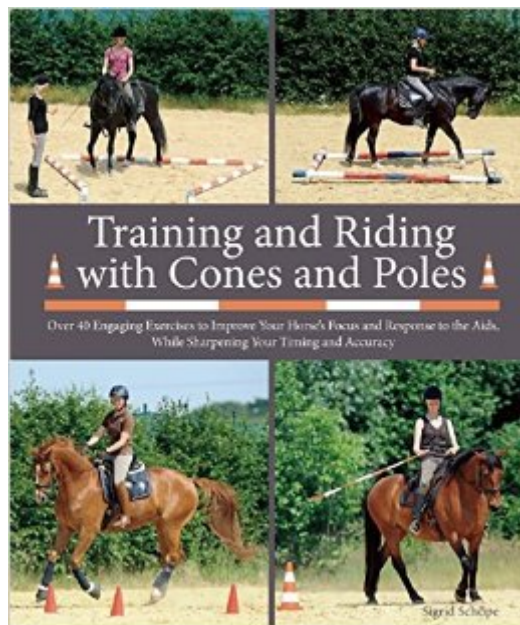


The book was found

# Training And Riding With Cones And Poles: Over 35 Engaging Exercises To Improve Your Horse's Focus And Response To The Aids, While Sharpening Your Timing And Accuracy



## Synopsis

Training your horse to concentrate on a lesson, bend his body from nose to tail, and pay attention to where he places his feet—whatever your discipline or level of expertise, these are necessary foundation skills. Here you will find an incredibly handy guide to introducing and solidifying these concepts, as well as many others, with exercises using two very basic training tools: traffic cones and ground poles. Incorporating cones and poles in your daily lessons not only provides visual interest and physical guidelines for your horse as he moves around the ring, it also gives you a means of developing accuracy in your schooling figures and transitions. With these exercises, your horse's movement and response to your aids will certainly improve, but so will your overall riding performance.

## Book Information

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## Customer Reviews

I like the book a lot. I have used many of the ideas here and added to them. I like the fact she gives suggested measurements to have polls and cones set apart. I do get confused at some of the words she uses as to how to position your body to the horse when doing some of the exercises and the outcome.

Great book! Easy to read and understand. Lots of different ways you can set up poles and cones.

some great new ideas that worked wonderfully with my mare.

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